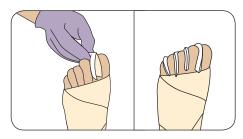
3M[™] Coban[™] 2 Compression System Application Alternative Toe Boot

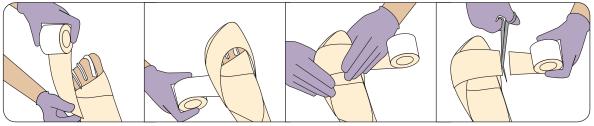
Alternative Application for Toes

Option C: Toe Boot

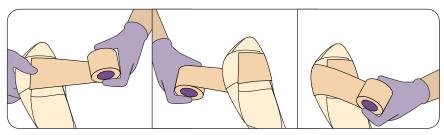
- If the toes are very swollen, it may be more comfortable to wrap the toes as a unit.
- Select the 5cm (2") 3M[™] Coban 2 Comfort Foam Layer and the 3M[™] Coban[™] 2 Compression Layer.



Step C1: Fill each web space with pieces of double-folded comfort foam layer, foam side out and trimmed to shape.



Step C2: With a 5cm wide comfort foam layer, make a circular winding without tension around the toes and the heel with the overlap over the 5th toe. Bring the roll across to cover the open areas over and under the toes. Conform and mould. End roll on top of the foot.



Step C3: Using a 5cm compression layer roll, without tension apply a circular winding around the base of the toes to secure comfort layer.



Step C4: Continue winding around the heel and toes. Mould to conform. Cover the dorsal area with compression layer applied at full stretch in a fan fold technique with semi-circular windings. Enclose the toes using the Stretch-Press-Mould-Technique.



Step C5: Mould the application to the anatomy of the forefoot.



Step C6: After toe wrapping, continue with the compression layer for the leg.

Stretch-Press/Mould-Relax Technique

To apply full-stretch application for comfortable circumferential windings, apply the compression layer at full stretch with "relax-breaks" where, after each semi-circular winding, that piece is moulded to the underlying layer.

Step 1: Make first circumferential winding with relaxed tension.



Step 2: With one hand, press and hold to underlying layer. Relax tension.



Step 3: Apply the next semicircular winding at full stretch.



Step 4: Press and hold to underlying layer and mould to the anatomy. Relax tension. Repeat Steps 3–4.



Bandage Removal

Dipping the scissor tips into cream allows comfortable and easy bandage removal.

